IN OUR COMMUNITY…HELP IS AVAILABLE

During COVID and After

VIRTUAL COUNSELING
If you are struggling with challenges such as anxiety, depression, family issues, or managing an addiction, there is no need to wait for support when social distancing ends. YES offers virtual counseling to children, teens, and adults. Call (516)799-3203 to schedule a virtual appointment.

VIRTUAL SELF-HELP
There are many virtual meetings available within the self-help community for those that are hoping to stay connected in their recovery. A list of virtual meetings are available at https://www.nassauny-aa.org/ or, call YES for additional virtual self-help meetings.

24/7 HOTLINE
The Long Island Crisis Center offers phone support 24 hours a day/7 days a week. If you need to speak with someone, you can reach The Long Island Crisis Center at (516)679-1111.

COMMUNITY CONNECTIONS
To stay aware about prevention in your community, visit Massapequa Takes Action Coalition at mtacoalition.com or Levittown Community Action Coalition at lcacoalition.org. Both MTAC and LCAC can also be found on Facebook.

FOR MORE INFORMATION, CALL YES COMMUNITY COUNSELING CENTER AT (516)799-3203, VISIT US ON FACEBOOK, OR AT YESCCC.ORG