

October 2022 YES Newsletter - National Substance Abuse Prevention Month and Red Ribbon Week

Happy October!

This October marks the second annual **National Substance Abuse Prevention**Month – an observance to highlight the vital role of substance abuse prevention in both individual and community health and to remember those who have lost their lives to substance abuse.

Also at the end of the month is, **Red Ribbon Week**, **October 23rd through 31st** which is designed to spread awareness to the public about the dangers of drug misuse. Scroll for YES upcoming events, and announcements we hope to see you there!

Thank you,

YES Community Counseling Center



Red Ribbon Week Game Night

Test your knowledge about prevention of substance use and enjoy free pizza!

When:

Wednesday, October 26th at 6:00 - 7:30 P.M.

Where:

YES Community Counseling Center 152 Center Lane, Levittown, NY

To Register Click Here

Drug Take Back Local Events

Turn in your unused or expired medication for safe disposal. **Instructions**

- Keep medications in **original containers**
 - Block out name for anonymity
 - Do not Cross out medication information

• No thermometers, IV bags, chemo drugs, liquid medications, and syringes

Massapequas'

Drug Take Back Day

When:

Saturday, October 29th, 2022 9:00 A.M. - 12:00 P.M.

Where:

Wisdom Lane Middle School 120 Center Lane, Levittown, NY 11756 Levittown Community Action Coalition's **Drug Take-Back Event**

When:

Saturday, October 29th, 2022 9:30 A.M. -12:30 P.M.

Where:

Massapequa High School
East Driveway - District Office Parking Lot



Red Ribbon Week 2022 Theme: Celebrate Life. Live Drug Free.

STAY INFORMED

DEA warns brightly colored fentanyl is being seized in multiple forms, and including pills, powder, and blocks that resembles sidewalk chalk.



WHAT PARENTS CAN DO

- Talk with your child about why it is important to only eat candy when provided by a trusted adult.
- Talk with your teen/young adult about the dangers of experimenting with any substance and the potential of unknown and lethal contaminants.
- Learn more about how to talk with your kids about alcohol and other substance use at:

https://www.samhsa.gov/talk-they-hear-you #TalkTheyHearYou





For additional information, call YES Community Counseling Center at (516)799-3203





A Note from the Executive Director:

Dear Community Members,

It may be difficult to fathom what it is like to not know if you will have enough food to provide your children this week. Unfortunately, this is a reality for many of our families. Food insecurity does exist right here in our community. While YES has a food pantry on site at both locations to assist those in need, keeping our pantry stocked has been challenging this past year due to the overwhelming amount of need.

If you are in a position to contribute, any food donations or gift cards are appreciated. For more information or to arrange a drop off at either location, please contact us at 516-799-3203.

Warm Regards, Adrienne LoPresti, LCSW-R

YES Community Counseling Center, a 501c(3) organization 75 Grand Avenue, Massapequa, NY 11758 (516)799-3203 152 Center Lane, Levittown, NY 11756 (516)719-0313 www.yesccc.org email: info@yesccc.org



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