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WHEN A LOVED ONE IS ADDICTED QUESTIONS FOR FAMILIES TO CONSIDER

1. If the family was to do something differently or take something away from the addicted person, would it be more difficult for the user to maintain their behavior?
2. Are all family members working together to address the problem and present a unified front to the addicted family member?
3. Are concerns expressed in a consistent, clear, and loving manner?
4. Has the family offered/expressed ways they would support the addicted person in getting help?
5. Have consequences been communicated to the addicted family member if he/she does not get help?
6. Do other family members need treatment to support a healthy and stable environment?

Other Steps:

- **Local Counseling and Referral Service: YES Community Counseling Center (516) 799-3203**
- **Self Help:**
Al-anon 516-433-8003
Co-anon at South Oaks, Wednesdays 7-9pm. Call Bernie at 799-6914 or Peggy at 798-0480
Families Anonymous at St. Rose of Lima, Fridays 8-10pm. Call Pat McDermott at 798-4954
- **Nassau County PINS Diversion Program (516) 227-8769**
- **Nassau County Family Court (516) 571-9033**
- **NAFAS (Nassau Alliance for Addiction Services) website: www.nassaualliance.org**
- **Nassau County Drug and Alcohol Hotline (516) 481-4000**